
Strategies For Reducing The Size and Power Of Air Quality Monitors

AAPCA 2016 Fall Business Meeting

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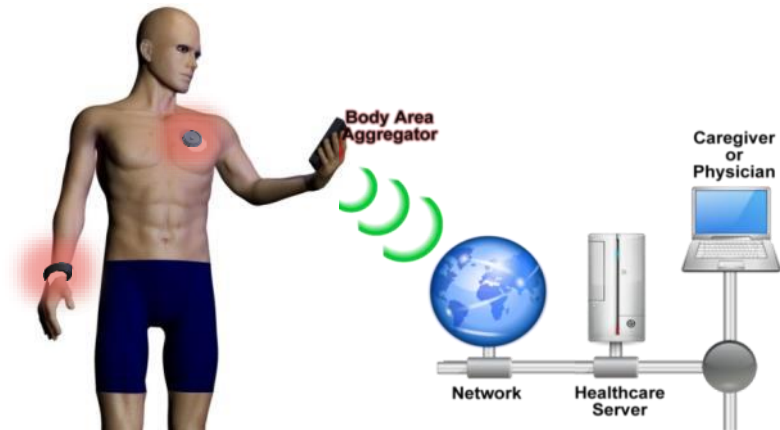
Next Generation Power Electronics Manufacturing Institute

Co-Founder of ASSIST Engineering Research Center

SSIST

ASSIST:

**Advanced Self-Powered Systems of
Integrated Sensors and Technologies**
An NSF Nanosystems Engineering Research Center



**Nanotechnology enabled miniature, self-powered, wireless
wearable sensors for Personal Health and Personal
Environment monitoring**

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NC STATE UNIVERSITY

**UNIVERSITY
of VIRGINIA**
SCHOOL OF ENGINEERING

FIU FLORIDA
INTERNATIONAL
UNIVERSITY

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1855

MICHIGAN

UNC
SCHOOL OF MEDICINE

KAIST

**THE UNIVERSITY
OF ADELAIDE**
AUSTRALIA



東京工業大学
Tokyo Institute of Technology



SSIST

Holy Grail: Exposure Monitoring

$$\begin{aligned} &\text{Concentrations of particles and gasses} \\ + &\text{ Physiology of person, respiration rate, exertion} \\ &\quad (\text{Under realistic conditions work, and play}) \\ + &\text{ Location and other Contextual Information} \\ \hline = &\text{ Actionable Information} \end{aligned}$$

Caveats:

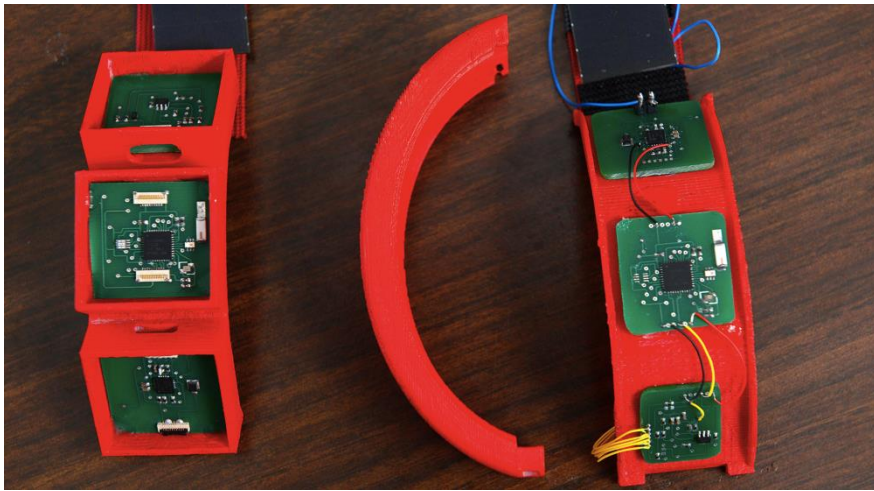
How much Data?
Who looks at the Data?
What Quality of Data?

What Surrogates for Exposure Dose?

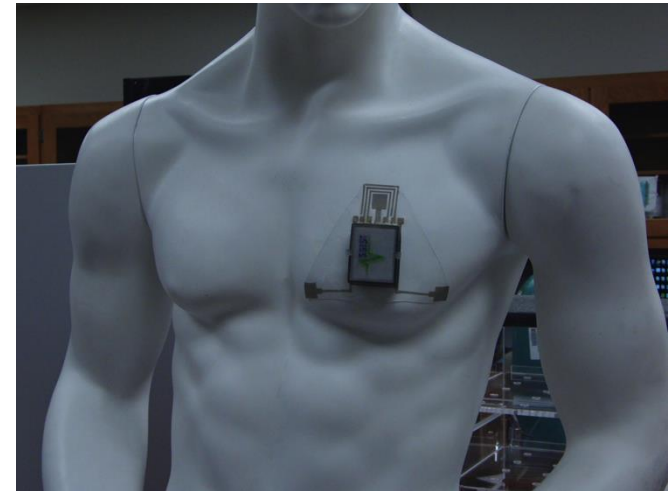
Minute Ventilation rate?
Heart Rate?
Motion/Activity?
Biochemistry



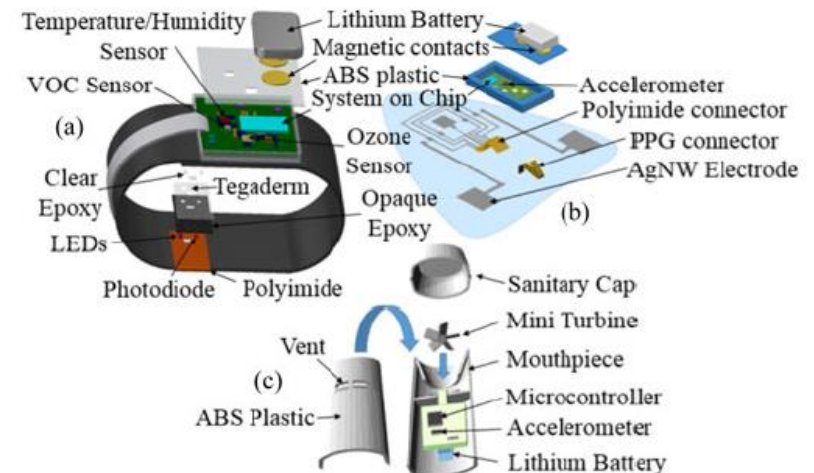
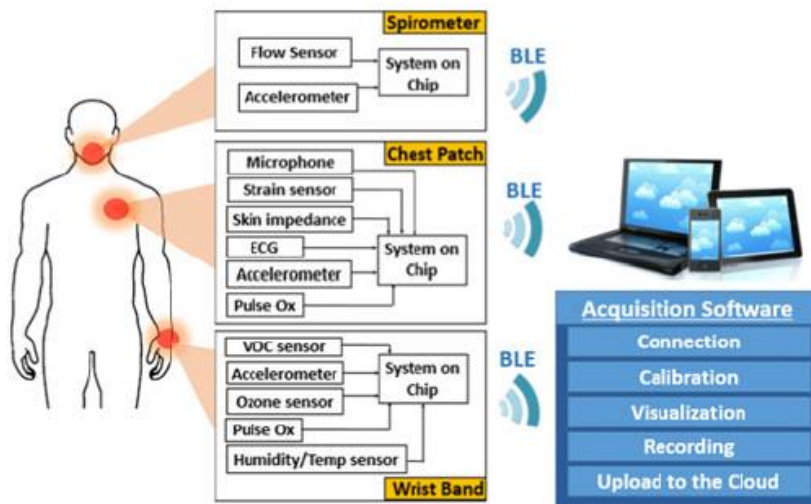
Some Recent ASSIST Activities



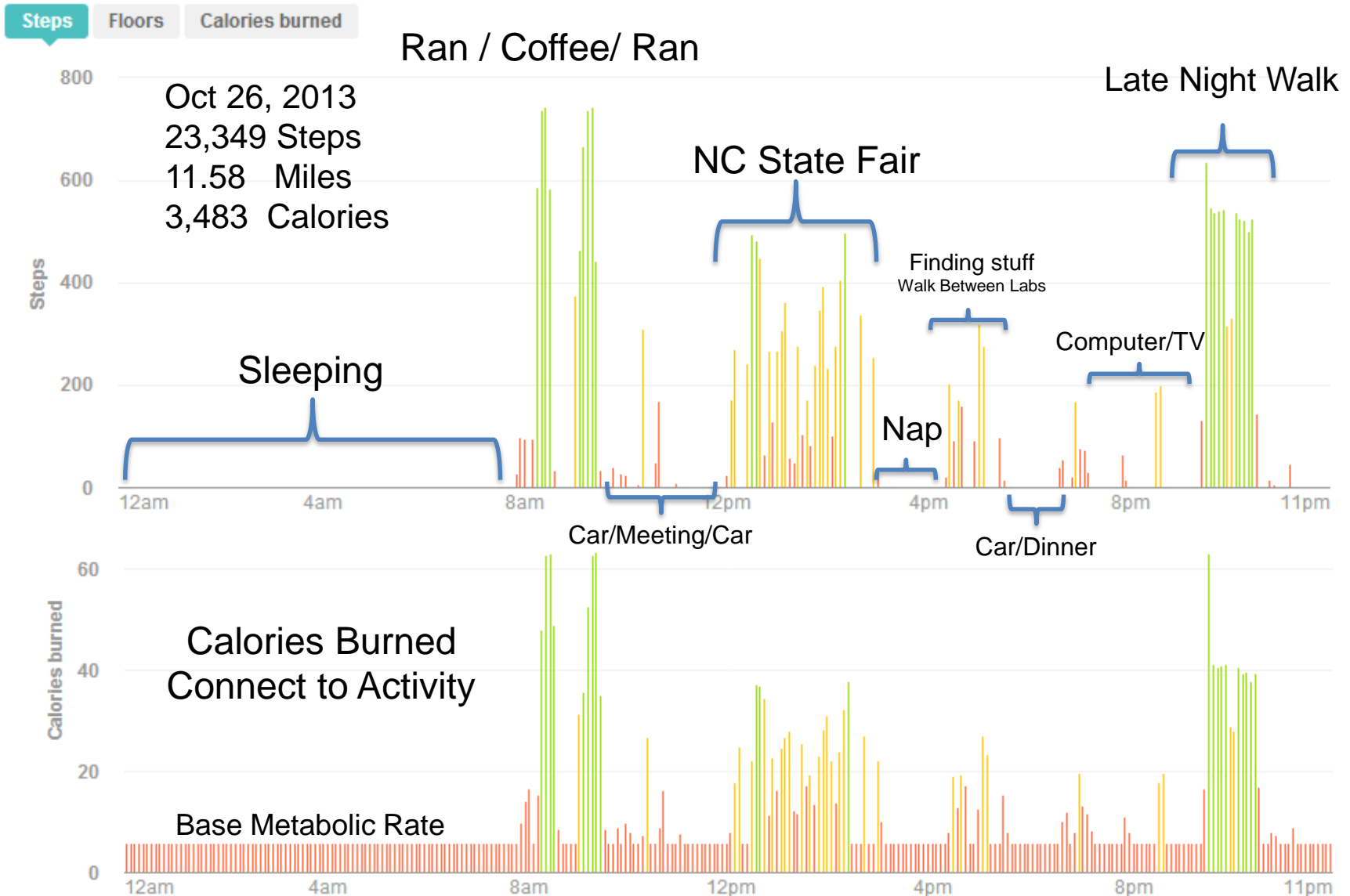
A prototype of the Human Exposure Tracker wristband.



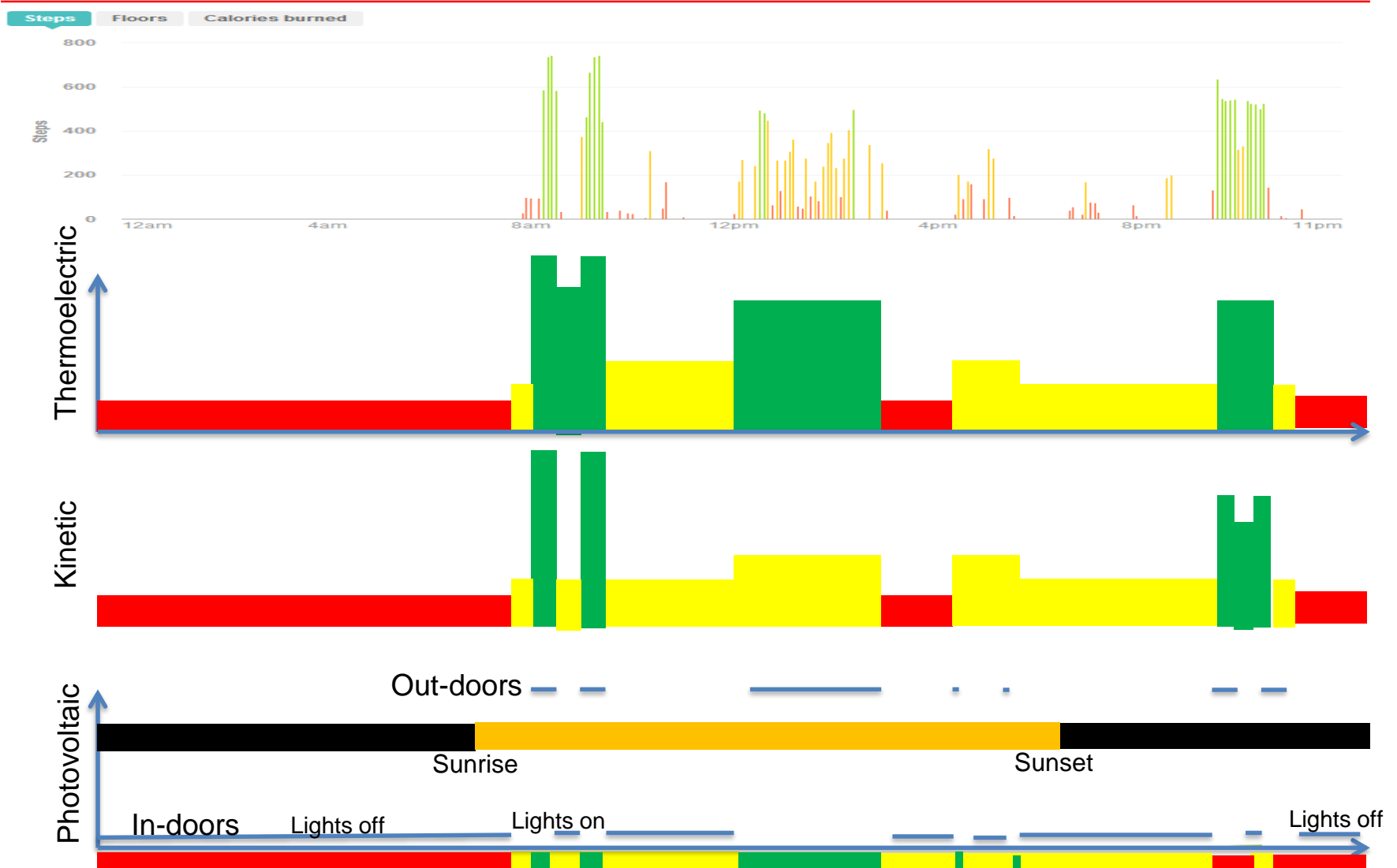
Prototype of Human Exposure Tracker Chest Patch



Human Dimension to Energy



Energy Availability



A low Energy Day?



Calorie, on your nutritional package is actually a kilocalorie = 4184 Joules

The Energetic Day was about 3483 C, while this low energy Day is about 2070 C

The difference is almost 6 million Joules ,

or an additional 68.4 W averaged over 24 Hrs

So for the active day, if 0.01 percent were captured 6 mW would be available.

SSIST

Accelerometers on Humans

Interest is now being driven by:

Form Factor, Application, Data Analysis.



Fitbit One



Motorola MotoActv



Striiv Play



Fitbit Flex



Jawbone UP



BodyMedia Fit Core



Fitbug Air



Larklife



Pebble Activity Tracker



Fitlinxx

Fitbit Zip



Misfit Shine



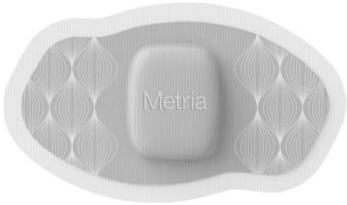
Nike+ FuelBand

<http://www.pcmag.com/article2/0,2817,2404445,00.asp>

<http://www.indiegogo.com/projects/misfit-shine-an-elegant-wireless-activity-tracker>

<http://www.fitlinxx.net/pebble-activity-monitor.htm> <https://www.fitbug.com/>

State of the Art: Wearable Devices



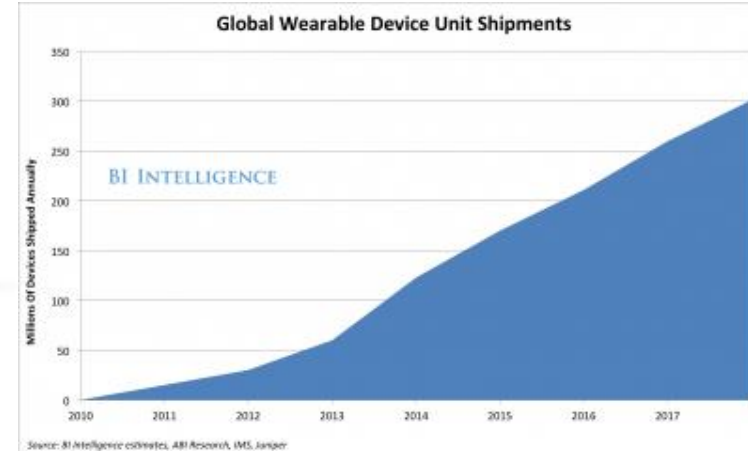
*Metria Patch by
Vancive*



BodyMedia



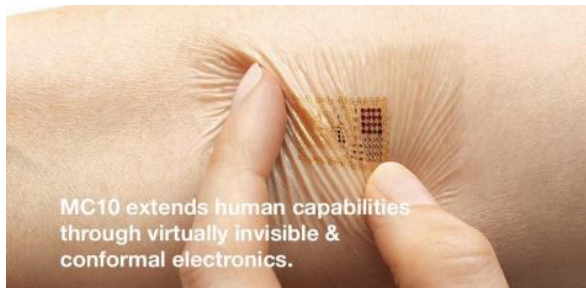
FitBit



Sotera Wireless



Piix Heart Monitor



MC10 extends human capabilities
through virtually invisible &
conformal electronics.

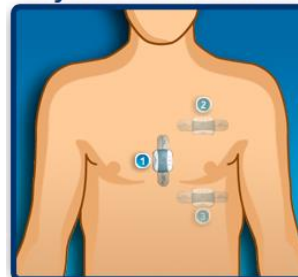


MC10 Hydration Sensor



Proteus Digital Health

BodyGuardian Placement



The BodyGuardian monitor is worn in
one of three places

Preventice



HealthSTATS

Wearable Air Quality Sensing?

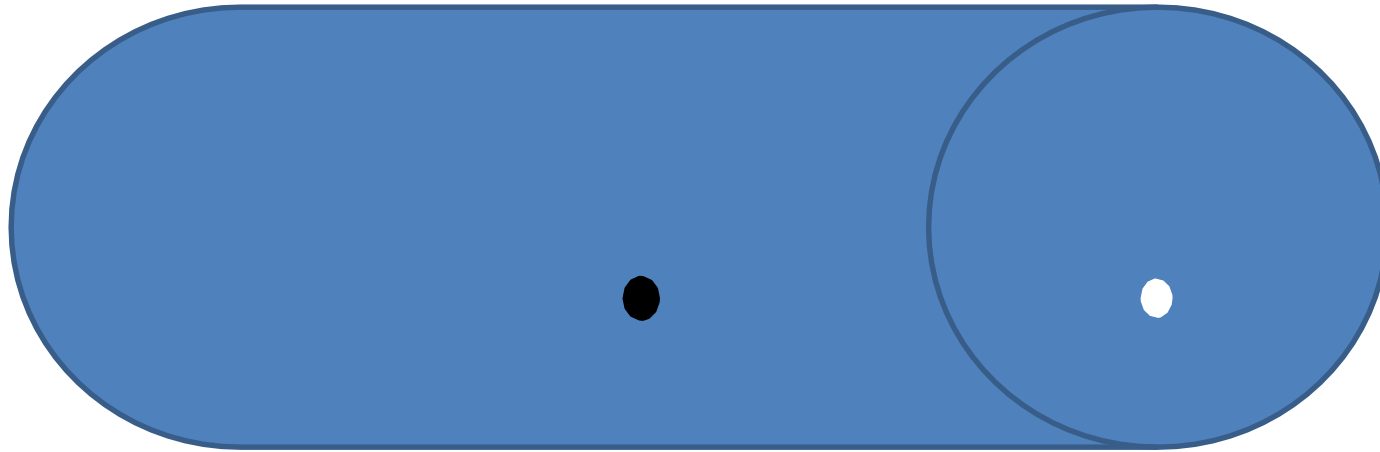
- Many Challenges:
 - Power Hungry
 - Sensors and computation power dropping, but still need to move and filter air.
 - Form Factor
 - How to be unobtrusive, needs to fit in a persons lifestyle
 - Quality of Data, Interference from human activity
 - Colognes and perfumes, cooking, gasoline etc.
 - Dust from carpets, skin, stirred by human movement
- Current Research Thoughts:
 - Micro-Optics to reduce size of Particle Monitors. –
 - Eventually leads to integrated silicon photonics approach.
 - Novel Resonance Sensing Circuit for very Low Power using Selective Polymers for Gas Sensing.



Micro Optics for Particle Sensor

- Basic Premise:
 - Light scattering sensors require relatively long lengths, and sensitive photo-detectors.
 - Micro-Optics potentially allow occlusion of light by the particles to be detected instead.
- Advantages:
 - Extremely Compact
 - Less Sensitive Photodetectors
 - Potentially Very low Power.
- Disadvantages:
 - Less sensitive for Small (<1 μm) Particles
 - Particle Handling needed to direct particles through small area.

Tiny Particle: Big Beam



Small
Change

VS

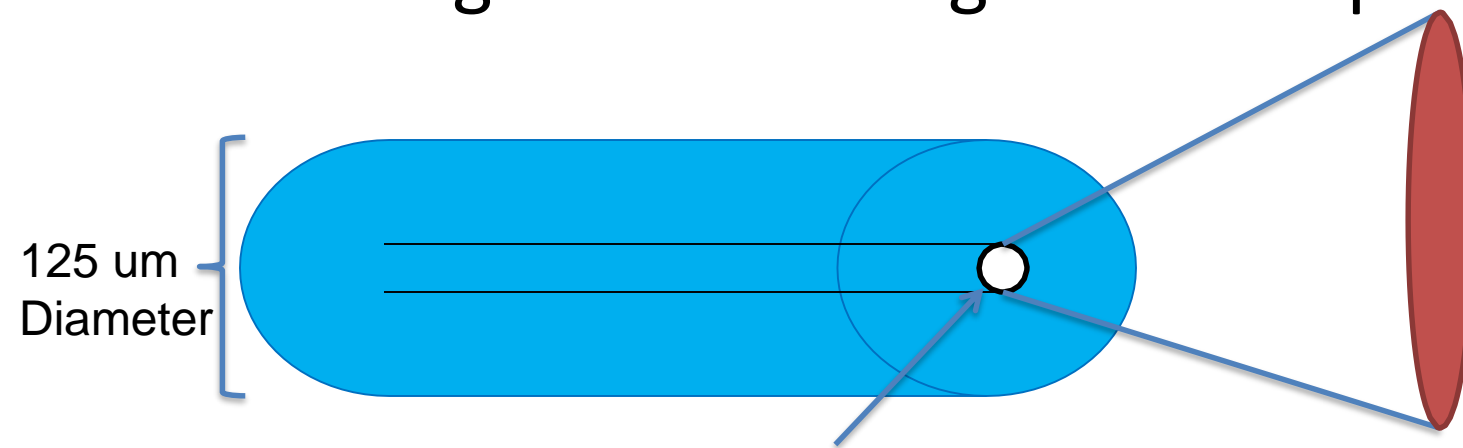
Tiny Particle: Tiny Beam



Big
Change

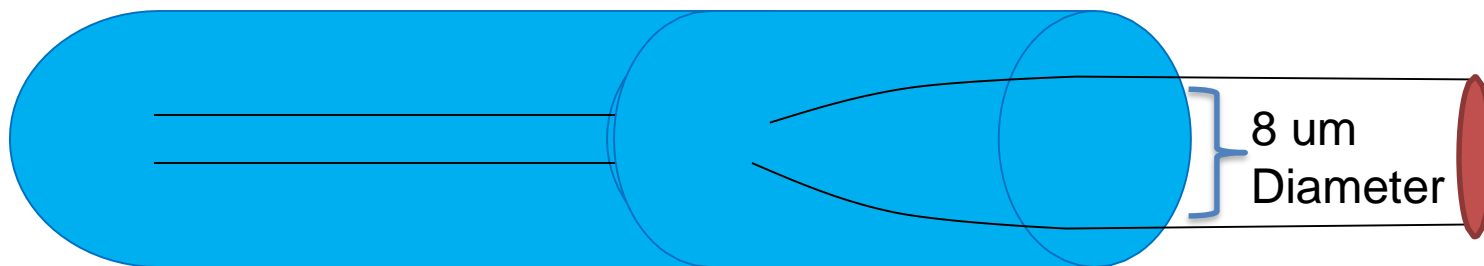
How to make a very small beam?

- Use waveguides: i.e. Single mode Optical Fiber

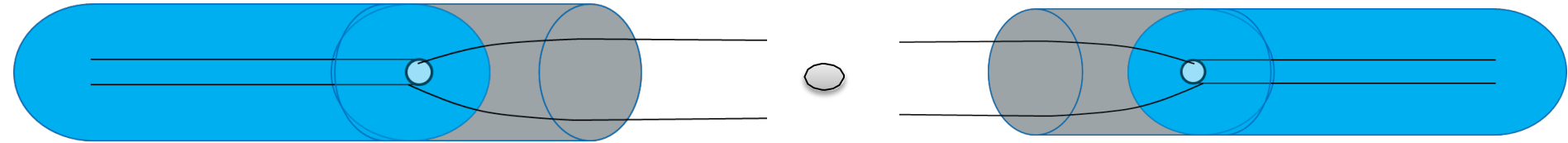


Waveguide Dimension $\sim 4 \mu\text{m}$ for 632 nm light

- But Fusing a Graded Index Fiber Lens collimates the beam

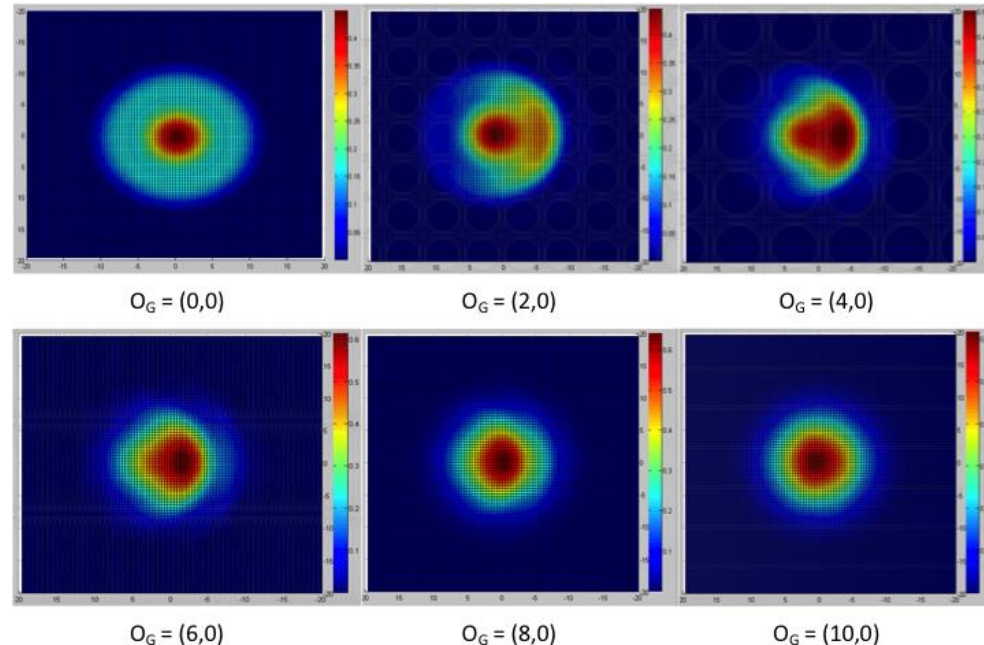


Transmitter/Receiver Pair



- Geometric optical Picture is not the whole story, need to consider Scattering, Modes

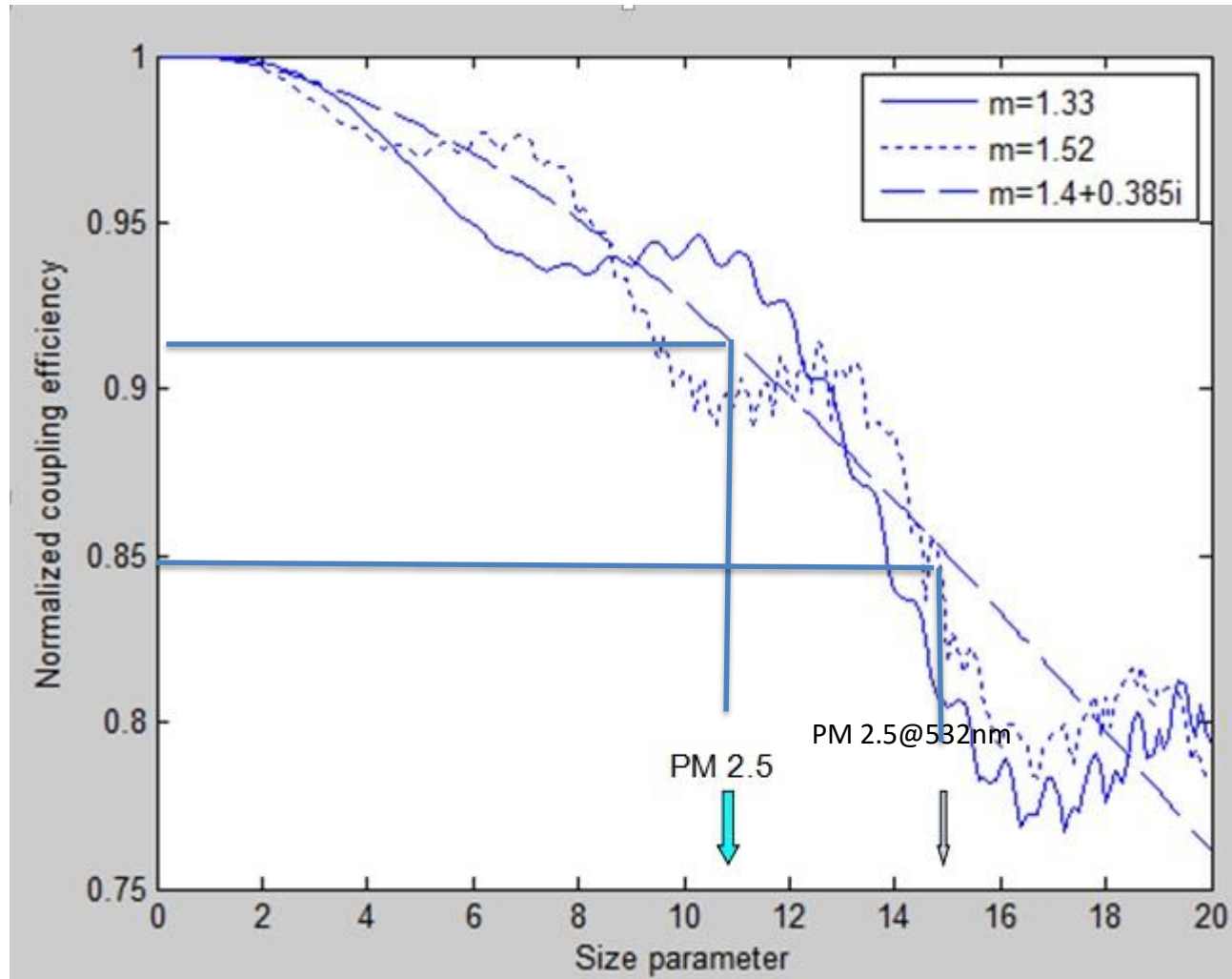
- **Important Point:**
Need to MATCH the electromagnetic mode to have efficient coupling!!!



Intensity diagrams show effect of particle on electromagnetic mode

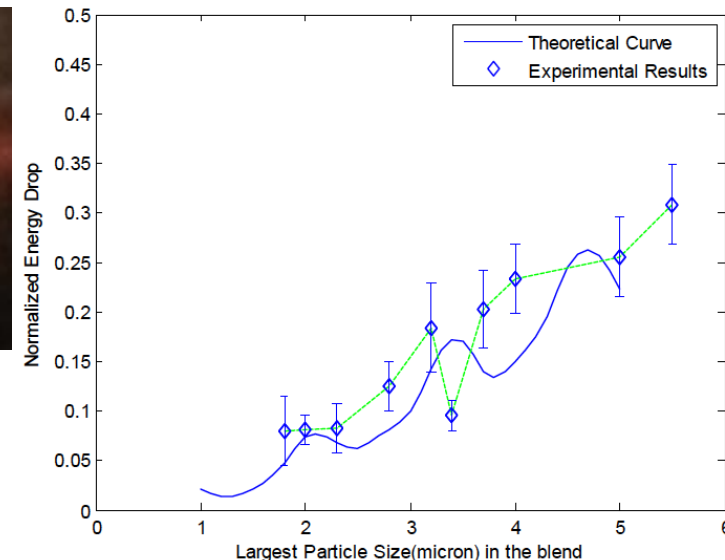
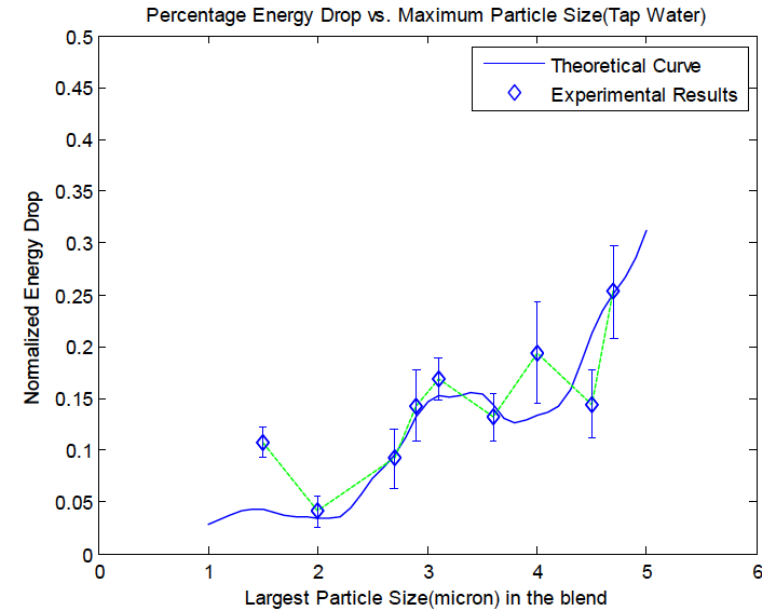
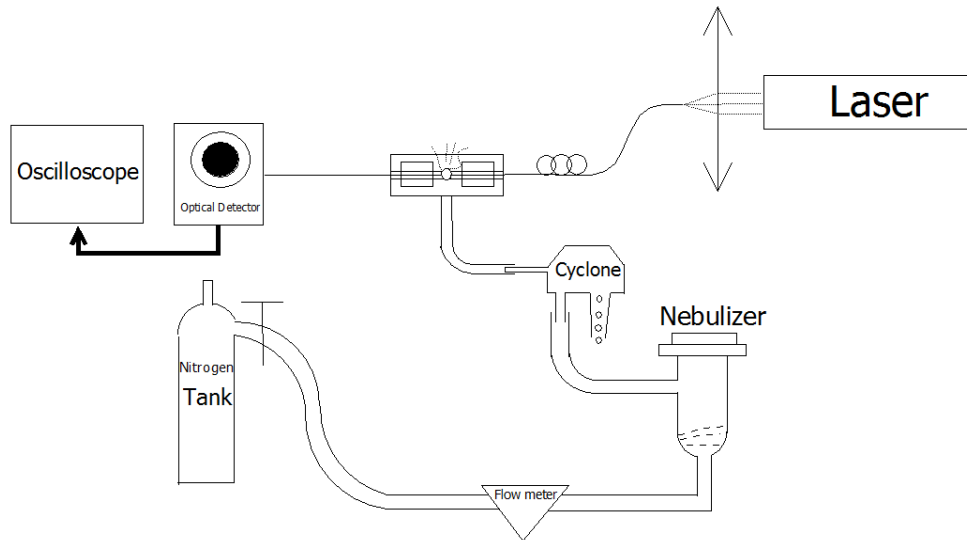


Mismatched Modes Decrease Coupling Significantly



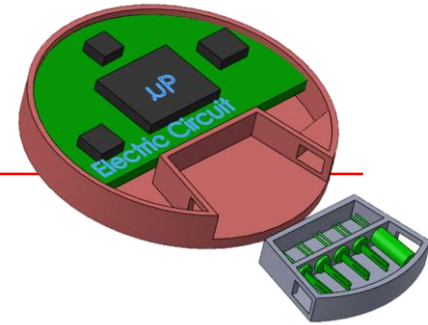
- ❑ We're currently using 633nm laser;
- ❑ If we use laser with shorter wavelength--for example 532nm, the coupling power drop may be more obvious

Testing: Good agreement with theory



a) ~ 125 um Hole with optical fibers, b) System operating with large particles showing scattering

Design of an Ozone Sensing Wristwatch Using Quartz Oscillators



Concept of final design



Tuning Fork crystal

- Tuning fork crystals were used to detect changes in physical properties of polybutadiene when it reacts with ozone.
- When polybutadiene reacts with ozone, the resonant frequency shifts due to the change in loading on the crystal
- This can be detected by performing a frequency sweep and comparing with the resonant frequency of a reference crystal

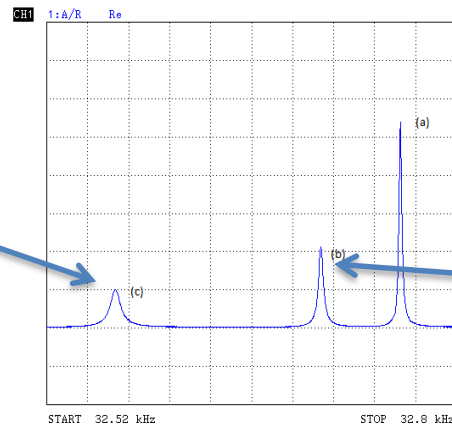
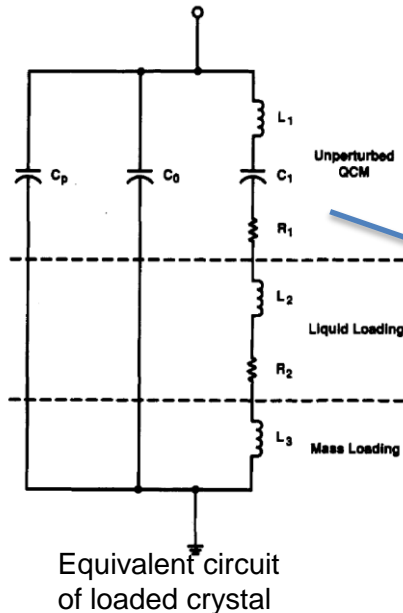
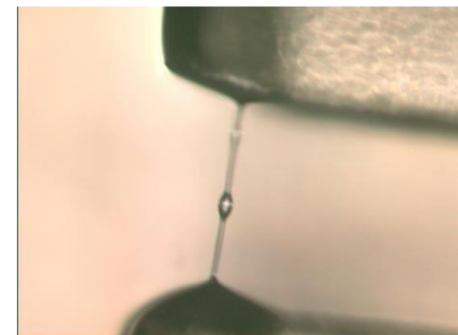
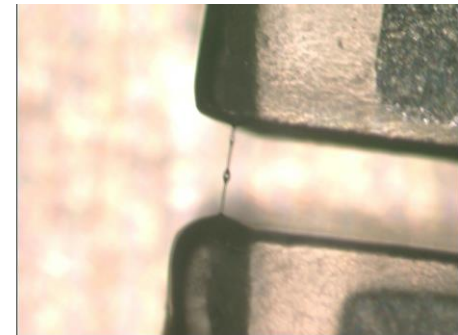
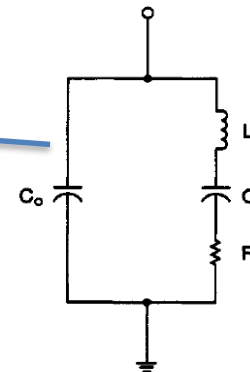


Fig. Resonance peaks. (a) Crystal in cover, (b) crystal without cover and (c) crystal coated with polybutadiene

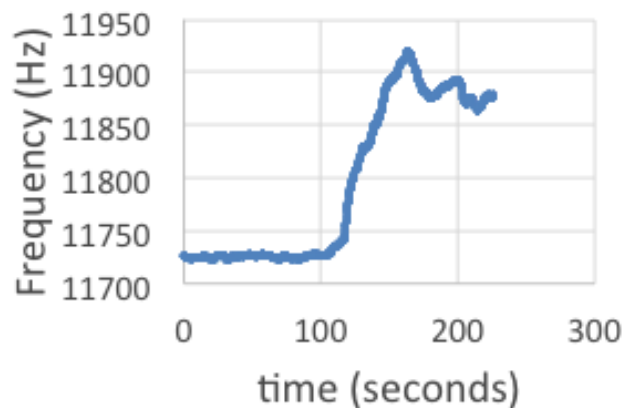
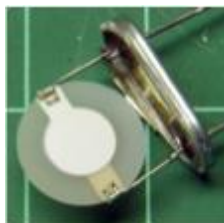


Crystal prongs coated with polybutadiene

Mixer Circuit: Show Response with input power as low as 14 microWatts

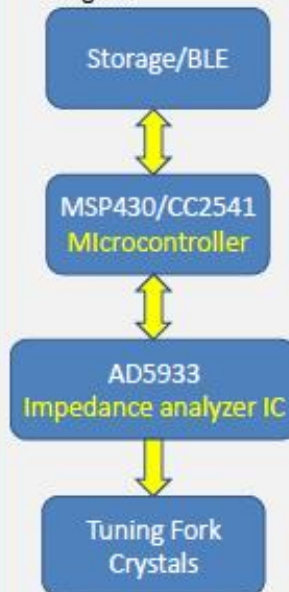


Recent version of the mixer circuit. Power consumption - 14 μ W



CIRCUIT APPROACH 1: IMPEDANCE ANALYZER

System Block Diagram

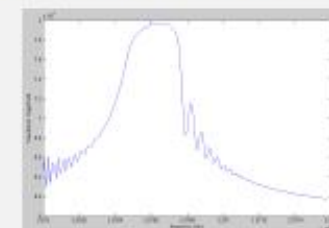


Circuit progression

The 3 versions of the circuit starting with the evaluation boards, the first PCB circuit and the updated PCB.

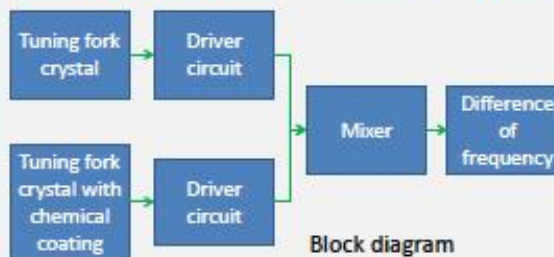
Power Consumption

Mode	Power Usage
Standby	3.3 μ W
Sensing	58.45 mW (per reading)



Impedance measurement of a tuning fork crystal using the AD5933 evaluation board

CIRCUIT APPROACH 2: MIXER + FREQUENCY COUNTER



Block diagram of circuit.

- Difference in frequency, changes with amount of ozone reacted.
- Since signals are subtracted, there is a reduction of noise.



Current PCB under testing

Thank You

Questions?

Example: low power, low cost spirometer

